



Romeo's Sensation LLC

Life's New Possibilities

The Protector Dialogue

Dear _____,

(your protector part-try and name it if you like)

I see you're trying to _____.

(what is your protective part doing?)

Thank you for _____.

Today, I'd like to try _____ instead.

Can you stand down for just 5 minutes while I _____?

(what is the protector needing from or asking of you)

Your protector's reply (write with non-dominant hand):